

Blind Spots

When 2 people meet, there are actually 6 people present...

- ...2 the way they see themselves,
- ...2 the way they see each other,
- ...2 the way they truly are.

According to the Johari Window, **we all have blind spots.**

Our blind spots exist because of unmet needs.

- Much of our behavior is an attempt to get our needs met by what we do.
- The more we are driven by unmet needs, the more we suppress the truth and enlarge our blind spots.
- When you fail to discern the drive of your own unmet needs, you attract to yourself people with the same unmet needs.

Blind spots are areas of vulnerability that others see about us – that we ourselves do not see (or maybe we deny they exist).

- They are the breeding ground for fear.

Blind spots cause us to inaccurately perceive and improperly define our current reality. (No self-awareness)

- Self-awareness is one of the qualities of a prosperous soul.

We start to become “self-aware” when we are willing to discover our blind spots.

- Self-awareness is the first step towards transformation.

Blind spots will trap us into recurring cycles of defeat.

I hate where I am at...

I can't be honest enough with myself (or others) about what got me here...

I don't want to face the pain it will take to get me out.

- Cycles of defeat are curses that have been empowered through agreement with darkness (lies).
- Are we “possessing our souls” or does the unfinished business of the past possess us?

Blind spots will abort the future (abundant life) that God wants us to have.

- They continually sabotage our forward progress and future harvest.
- They keep us from moving into the quadrant of “unknown potential.”
- As we mature (transform) we are reducing the hidden area and blind spots and tapping into the “unknown potential.”

Our personal history cannot change, but it can be reconciled.

- We must be honest --- God cannot heal or redeem a mask.
- We can't be “redone” until we are “undone.”
- (LW) It is reconciled in the hallway --- the “nowhere” between two “somewheres.”

Holy (righteous, loving, non-judgmental) community is a reinforcing environment that should help us disclose (and discover) who we really are so that we can...

Apply truth to unrenewed areas of our life,
Grow / transform into who we are supposed to be (sons),
Fulfill the will / call / purposes of God (good, acceptable, perfect)

References:

“The wise also will hear and increase in learning...” (Proverbs 1:5)

“...he who listens to counsel is wise.” (Proverbs 12:15)

“...a faithful ambassador brings healing.” (Proverbs 13:17)

“...in an abundance of counselors there is victory and safety.” (Proverbs 24:6)

“Faithful are the wounds of a friend...” (Proverbs 27:6)

“...speaking the truth in love...” (Ephesians 4:15)

Books:

BlindSpots: Your Psychological Speedbumps

BlindSpots: Secret Ways You Sabotage Your Success

BlindSpots: Why Smart People do Dumb Things

Blind Spots: Achieve Success by Seeing What You Don't See