

April 23<sup>rd</sup>, 2008

Command of Christ → Watch and Pray  
Character Quality → Endurance  
Scripture Reference → Matthew 26:40, 41

*“Are you so utterly unable to stay awake and keep watch with Me for one hour? All of you must keep awake (give strict attention, be cautious and active) and watch and pray, that you may not come into temptation. The spirit is willing, but the flesh is weak.”*

Watch – 1127 “gregoreuo” –

*to be vigilant,*

1 Corinthians 16:13 – *“Be alert and on your guard...”*

Colossians 4:2 – *“Be earnest and unwearied and steadfast...being alert and intent...”*

1 Thessalonians 5:6 – *“...let us not sleep...let us keep wide awake...”*

2 Timothy 4:5 – *“...be calm and cool and steady...”*

1 Peter 4:7 – *“...keep sound minded and self-restrained and alert...”*

*to keep awake*

Romans 13:11 – *“...wake up out of your sleep...”*

1 Corinthians 15:34 – *“...awake from your drunken stupor and return to sober sense...”*

Ephesians 5:14 – *“...awake O sleeper...”*

Much of our temptation is because we have failed to watch. (Our flesh is tempted – but our spirit is strengthened through prayer and watching --- just like spiritual exercise.)

Half of this command is an instruction to “watch.”

Could it be that Jesus is instructing us to pray about what we see while we are “watching?” (keeping awake and remaining vigilant)

Matthew 13:

v.22 – What happened to the seed that took root among the thorns?

\* What did the thorns signify?

v.24, 25 – What did the enemy do to the man while he was sleeping?

Exhortations to maintain sobriety → 1 Peter 1:13; 5:8; Titus 2:12