

# The Restored Soul

(Greek - 5590 *psuche* / Hebrew - 5315 *nephesh*)

"...*He restores my soul...*" (Psalm 23:3)

## What does a "restored" soul look like?

- "*Shalom*" – wholeness; nothing missing / nothing broken

Our inability to relate (to God, self, others) is due to a lack of wholeness in our soul.

- Dysfunctions behavior, compulsions, negative cycles, destructive patterns, poverty, oppression, depression,...

We can manage our emotional state with the Word of God and the Spirit of God.

- The "mind of Christ" can be made known to us by the Holy Spirit. (1 Corinthians 2:16)
- It has to be "spiritually discerned." (v.12-15)

## Saved Soul [4047 *peripoiesis* – acquisition; preservation]

"*But our way is not that of those who draw back to eternal misery and are utterly destroyed, but we are of those who believe [who cleave to and trust in and rely on God through Jesus Christ, the Messiah] and by faith preserve the soul.*" (Hebrews 10:39)

"*So get rid of all uncleanness and the rampant outgrowth of wickedness, and in a humble (gentle, modest) spirit receive and welcome the Word which implanted and rooted in your hearts contains the power to save your souls.*" (James 1:21)

## [4982 *sozo* – to make whole]

*Beloved, I implore you as aliens and strangers and exiles in this world to abstain from the sensual urges (the evil desires, the passions of the flesh, your lower nature) that wage war against the soul.*" (1 Peter 2:11)

"*Beloved, I pray that you may prosper and in every way and that your body may keep well, even as your soul keeps well and prospers.*" (3 John 2)

Jesus promised us "rest" for our souls. → "Take my yoke upon you and learn of Me, for I am gentle (meek) and humble (lowly) in heart, and you will find *rest for your souls*." (Matthew 11:29)

- v.28 – rest given
- v.29 – rest found

"By your steadfastness and patient endurance you shall *win [obtain] the true life of your souls*." (Luke 21:19)

### Washed [3067 *loutron* – bathe; to fully wash the whole.]

"He saved us, not because of any works of righteousness that we had done, but because of His own pity and mercy, by *the cleansing bath of the new birth* (regeneration) and renewing of the Holy Spirit." (Titus 3:5)

- Regeneration (3824 *paliggenesia*) – spiritual rebirth (the act of old / new)

"So that he may sanctify her, having cleansed her by *the washing of water with the word*." (Ephesians 5:26)

- v.27 – The reason why.

"But you were *washed clean* (purified by a complete atonement for sin and made free from the guilt of sin), and you were consecrated (set apart, hallowed), and you were justified [pronounced righteous by trusting] in the name of the Lord Jesus Christ and in the Holy Spirit of our God." (1 Corinthians 6:11)

"To Him who ever loves us and has once for all *washed* (loosed and freed) us from our sins in His own blood." (Revelation 1:5)

- We have been washed in His blood AND washed with His Word!

### Purged Conscience [2511 *katharizo* – clean; purify; draw off impurities]

"How much more surely shall the blood of Christ, Who by virtue of His eternal Spirit [ His own pre-existent divine personality] has offered Himself as an unblemished sacrifice to God, *purify (purge) our consciences* from dead works and lifeless observances to serve the ever living God." (Hebrews 9:14)

*“When He had by offering himself accomplished our **cleansing of sins and riddance of guilt**, He sat down at the right hand of the divine Majesty on high...” (Hebrews 1:3)*

*“For whoever lacks these qualities is blind, shortsighted, seeing only what is near to him, and has become oblivious to the fact that he was **cleansed (purged) from his old sins**.” (2 Peter 1:9)*

- *“But if we really are living and walking in the Light, as He Himself is in the Light, we have true, unbroken fellowship with one another, and the blood of Jesus Christ His Son **cleanses (removes)** us from all sin and guilt [keeps us cleansed from sin in all its forms and manifestations].” (1John 1:7)*
- *“You are **cleansed and pruned** already, because of the word which I have given you [the teachings I have discussed with you].” (John 15:3)*

### Purified Heart / Mind [48 *hagnizo* – to make clean; blameless]

*“...I have stirred up your **sincere (pure) mind** by way of remembrance.” (2 Peter 3:1)*

*“Come close to God and He will come close to you. Recognize that you are sinners, get your soiled hands clean; realize that you have been disloyal wavering individuals with divided interests [double-minded], and **purify your hearts** of your spiritual adultery.” (James 4:8)*

*“Since by your obedience to the Truth through the Holy Spirit you have **purified your hearts** for the sincere affection of the brethren, see that you love one another fervently from a pure heart.” (1 Peter 1:22)*

The power of faith and a pure conscience →(1 Timothy 18, 19)

*“And everyone that has this hope resting on Him **cleanses (purifies) himself** just as He is pure.” (1 John 3:3)*

## Renewed Mind - [365 *ananeo* – to make new again; reform; renovate]

- The “renewal process” is intentional and proactive.
- It happens internally to affect every word, behavior, and action.

“Be constantly *renewed* in the spirit of your mind [having a fresh mental and spiritual attitude].” (Ephesians 4:23)

- v.20, 21 – Learn Christ, the Truth is in him and taught by him.
- v.22 – Strip off the former nature.
- V.23 – Put on the new nature! (see v.25-32)

“Clothe yourself with the new spiritual self, which is [ever in the process of being] *renewed and remolded* into [fuller and more perfect knowledge upon] knowledge after the image (the likeness) of Him Who created it.” (Colossians 3:10)

- Verbs → seek / set / kill / put away / rid / strip off / clothe / put on / be / let / do (vs. 1-17)

“Therefore do not become discouraged (utterly spiritless, exhausted, and wearied out through fear). Though our outer man is progressively decaying and wasting away, yet *our inner self is being progressively renewed* day after day.” (2 Corinthians 4:16)

- What is happening on the inside is affecting the outside.
- Inner realities become our outward reality.
- We are living from the inside out.

“Do not be conformed to this world (this age), [fashioned after and adapting to its external, superficial customs], but be *transformed (changed) by the entire renewal of your mind* [by its new ideals and its new attitude], so that you may prove for yourselves what is the good and acceptable and perfect will of God...” (Romans 12:2)